

The quiz

The first few questions are yes/no/maybe.

Do you feel that your life has meaning and purpose?

Do you wake up every morning feeling excited about the day ahead?

Do you have a clear understanding of what your unique purpose is in life?

Are you passionate about the work you do and the life you live?

Do you know what your core values are (what is most important to you) in life?

Are your values in writing?

Do you feel that you are living a life that aligns with your values?

Do you regularly reflect on your values and how your life is going against each?

Do you consciously refer to your values when making big decisions?

Do you have crystal clear dreams for your future?

Have you written down your dreams on paper?

Have you shared your dreams with a trusted friend, mentor, or coach?

Have you set specific goals to make progress towards achieving your dreams?

Do you believe that your dreams are achievable?

Do you regularly act towards achieving your dreams?

Are your dreams aligned with your values, passions, and purpose?

How often do you review your dreams?

Daily/Weekly

Monthly/Annually

Rarely

Top of Form

You want so much from life - which is why you're taking this quiz. How clear are you on where to start and what to do?

Crystal

Rough idea

Unclear

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Do you have people in your life who strongly encourage you to pursue your dreams?

Yes

No

Do you regularly connect with a community of like-minded individuals who inspire you?

Yes

No

Do you have an experienced mentor or coach to help you discover and chase your dreams?

Yes

No

How do you feel after completing this quiz?

What if anything do you feel you need support with to help you create your dream life?

What areas of life do you feel you'd like to focus on improving?

Health / Fitness / Wellness

Career / Business

Personal Growth / Learning

Productivity / Planning

Self-Care

Family / Friends / Connection

Partner / Relationship

Money / Finances

Values / Passion / Purpose / Dreams

Other

Have you participated or are you currently participating in any of our programs?

No

Digital Course Current

Digital Course Past

Empowered Living Experience Coaching.

Platinum Coaching.

New personal Reality

Free Workshop

Paid Workshop

Other

Book a chat.

No obligation. Just inspiration.

Take the leap - you've got nothing to lose.

